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Aortic Valve Reconstruction Using Autologous Pericardium for Aortic Stenosis

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Background: To determine the feasibility of original aortic valve reconstruction (AVRec) for patients with aortic stenosis (AS), 416 consecutive cases were reviewed.

Methods and Results: AVRecs for AS were performed for 416 patients from April 2007 through April 2013. All 416 patients were retrospectively reviewed. One hundred and fourteen patients had bicuspid valves and 16 had unicuspid valves. There were 182 men and 234 women. Mean age was 71.2±12.0 years old. On preoperative echocardiography, peak pressure gradient averaged 79.0±33.6 mmHg. Surgical annular diameter was 20.1±2.8 mm. The procedure is based on independent tricuspid replacement by autologous pericardium using original sizing apparatus and template. There was no conversion to prosthetic valve replacement. There were 8 in-hospital mortalities due to non-cardiac cause. On postoperative echocardiography, peak pressure gradient averaged 21.2±10.7 mmHg 1 week after surgery and 14.3±5.0 mmHg 5.5 years after surgery. Four reoperations were done for infective endocarditis. The other 412 patients had less than mild regurgitation. No thrombo-embolic events were recorded. The mean follow-up period was 25.2±17.5 months. Freedom from reoperation was 96.7% with 73-month follow-up.

Conclusions: Medium-term results were excellent. Original AVRec was feasible for the patients with AS. Long-term data will be presented in the future. (*Circ J* 2015; **79**: 1504–1510)

Key Words: Aortic root; Aortic stenosis; Aortic valve (repair); Heart valve (autograft); Pericardium

ortic stenosis (AS) was recognized in 1672 when Rayger first recorded the osseous fusion of aortic valve cusps at autopsy.^{1,2} Although aortic valve repair is one of the oldest techniques of open heart surgery, the results after the repair of calcified AS remain unfavorable.³ Since the first successful surgical replacements of diseased heart valves were reported in 1960,⁴⁻⁶ aortic valve replacement (AVR) has been the gold standard for the surgical treatment of AS for the past 5 decades.

Given that the major cause of AS is calcifying degeneration of the aortic valve due to the aging process, the prevalence of aortic valve disease is higher among elderly patients.^{7,8} The natural course of AS is associated with a long latency period followed by the symptomatic period, resulting in a dramatic decrease of survival.^{9,10} In contrast, 31.8% of patients with severe symptomatic single valvular heart disease had not undergone intervention, most frequently because of comorbidities due to advanced age.¹¹ Trans-catheter AVR (TAVR) is a new alternative treatment for AS in patients considered to be inoperable or at high risk for conventional AVR.^{12–15} For patients with a small aortic annulus, however, there are no available sizes of trans-catheter prostheses. We have developed a method of aortic valve reconstruction (AVRec) using autologous pericardium.^{16–18} Given the lack of ideal prosthesis for AS patients, AVRec is thought to be effective for AS, especially with small annulus. The feasibility of the original AVRec for AS was therefore reviewed in this study.

Methods

Our original AVRec and the clinical study of this procedure were approved by the institutional review board of Toho University Ohashi Medical Center. Additionally, all patients had undergone this operation after written informed consent had been obtained.

AVRec for AS was performed consecutively for 416 patients between April 2007 and April 2013. All 416 patients were retrospectively reviewed. One hundred and fourteen patients (27.4%) had bicuspid aortic valves and 16 patients (3.8%) had unicuspid valves. These patients also underwent tricuspidizing AVRec. There were 182 men (43.8%) and 234 women (56.3%). Mean patient age was 71.2±12.0 years (Figure 1). On preoperative echocardiography peak pressure gradient averaged 79.0±33.6 mmHg. The average surgical annular diameter was

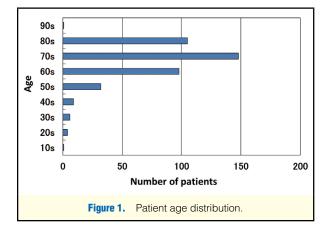
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20.1 \pm 2.8 mm. Based on the criteria of small aortic annulus, that is, diameter \leq 21.5 mm, there were 315 patients (75.7%) with small aortic annulus in this study group (**Table**). We categorized the patients with small aortic valve annulus into group A and the rest into group B. The average aortic valve surgical diameter in group A was 18.8 \pm 1.8 mm and that in group B was 23.5 \pm 1.9 mm (P<0.01). Mean patient age was 73.0 \pm 10.6 years in group A and 65.4 \pm 14.1 years in group B (P<0.01). Average preoperative echocardiographic peak pressure gradient through the aortic valve was 82.2 \pm 34.5 mmHg in group A and 70.0 \pm 27.8 mmHg in group B (P=0.003).

Surgical Technique

The autologous pericardium is harvested after routine median sternotomy. In most cases, a 7×8 -cm strip of pericardium is sufficient for AVRec. Harvested pericardium is then treated with a 0.6% glutaraldehyde solution for 10min and then rinsed 3 times with sterilized saline each time for 6 min. Cardiopulmonary bypass is established with aortic and right atrial cannulations. Venous cannula is a single 2-stage cannula unless a concomitant procedure is needed in the right or left atrium. The heart is arrested in diastole by retrograde and antegrade cold blood cardioplegia. Arrest is maintained by cold blood antegrade cardioplegia every 20–30 min and cold blood antegrade cardioplegia every 1 h.

Transverse aortotomy is made 1.5 cm distal from the right coronary ostium. After resection of the diseased aortic valve cusps, the distance between each commissure is measured using a self-developed sizing instrument. Glutaraldehyde-treated autologous pericardium is trimmed with a self-developed template corresponding to the measured value. The annular margin of the pericardial leaflet is then running-sutured to each annulus with 4-0 monofilament sutures. Commissural coaptation is secured with additional 4-0 monofilament sutures. The coaptation of the 3 cusps is then checked with negative pressure on the left ventricular vent. The same tricuspidizing technique is also used for bicuspid, unicuspid, and quadricuspid aortic valve (Figure 2).

A detailed description of AVRec technique has already been given in previous reports.^{16–20}

Follow-up and Statistical Analysis

In most cases, the patients do not have anticoagulation postoperatively. Only patients with persistent chronic atrial fibrillation or other valve procedures take anticoagulation. Echocardiography was performed 1 week, 1 month, 3 months, and every 6

| Table. Preoperative and Perioperative Patient Characteristics (n=416) | |
|---|---------------------|
| Variable | Value |
| Age (years) | 71.2±12.0 |
| Sex, F/M | 234/182 (56.3/43.8) |
| Valve type | |
| Tricuspid | 286 (68.8) |
| Bicuspid | 114 (27.4) |
| Unicuspid | 16 (3.8) |
| Average peak pressure gradient (mmHg) | 79.0±33.6 |
| Average surgical annular diameter (mm) | 20.1±2.8 |
| Small aortic annulus | 315 (75.7) |
| Isolated aortic valve reconstruction | 201 (48.3) |
| Concomitant procedures | |
| Hemi-arch aortic replacement | 65 (15.6) |
| Coronary artery bypass graft | 42 (10.1) |
| Mitral valve repair | 19 (4.6) |
| Others or combinations | 89 (21.4) |
| Mean cardiopulmonary bypass time (min) | 150.1±29.2 |
| Mean aortic cross clamp time (min) | 110.1±26.6 |

Data given as mean ± SD or n (%).

months after surgery. Data are given as mean±SD. Survival rate and freedom from reoperation rate were calculated using the Kaplan-Meier method.

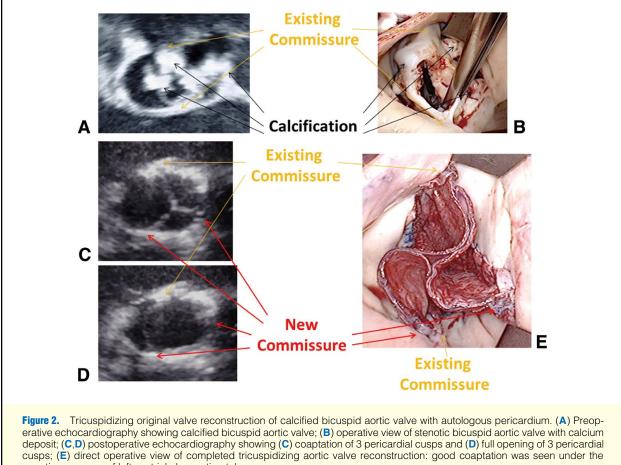
Results

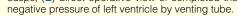
A total of 201 patients had primary AVRec during the study period. The other 215 patients underwent concomitant procedures: hemi-arch aortic replacement, n=65; coronary artery bypass graft, n=42; and mitral valve repair, n=19. There was no conversion to prosthetic valve replacement. Mean cardio-pulmonary bypass (CPB) time was 150.1 \pm 29.2 min and aortic cross clamp (ACC) time was 110.1 \pm 26.6 min for all 416 patients (**Table**). Mean CPB time was 150.2 \pm 30.3 min for group A and 151.8 \pm 25.3 min for group B (P=0.42). Mean ACC time was 110.0 \pm 26.9 min for group A and 110.0 \pm 25.4 min for group B (P=0.97).

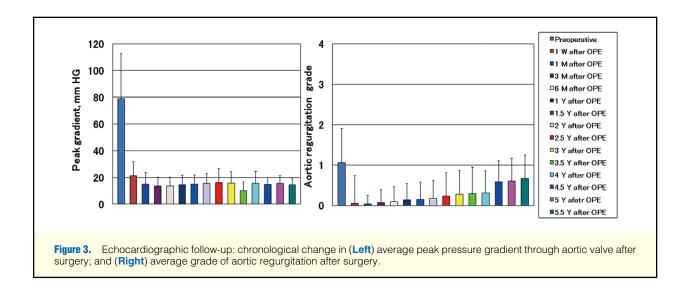
There were 8 in-hospital mortalities due to non-cardiac cause. On postoperative echocardiography, peak pressure gradient averaged 21.2 ± 10.7 mmHg 1 week after surgery and 14.3 ± 5.0 mmHg 5.5 years after surgery for all patient categories (Figure 3). The average peak pressure gradient 1 week after surgery was 23.1 ± 11.1 mmHg in group A and 16.0 ± 6.8 mmHg in group B (P<0.01). The average peak pressure gradient 5 years after surgery was 15.6 ± 5.1 mmHg in group A and 15.5 ± 10.6 mmHg in group B (P=0.98; Figure 4). The difference between 1 week and 1 year after surgery was statistically significant, whereas that between 1.5 years and 5 years after surgery, was not.

Four patients needed reoperation because of infective endocarditis. No other causes of reoperation were recorded. The remaining 412 patients had less than mild aortic regurgitation (AR) on their most recent echocardiographic follow-up (**Figure 3**). No thrombo-embolic events were recorded, and 303 patients were not on anticoagulation postoperatively.

The mean follow-up period was 25.2±17.5 months. Survival rate and freedom from reoperation rate were 83.3% and 96.7%, respectively, with 73 months follow-up for all 416 patients (**Figure 5**).

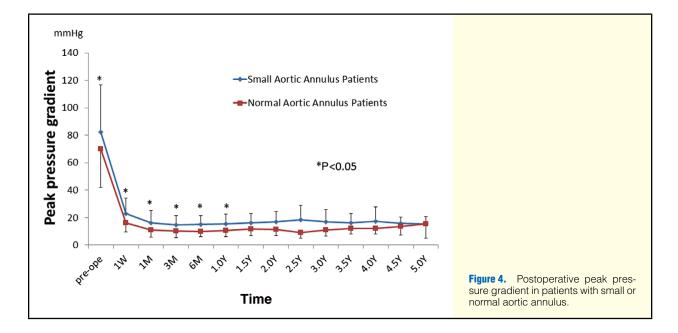


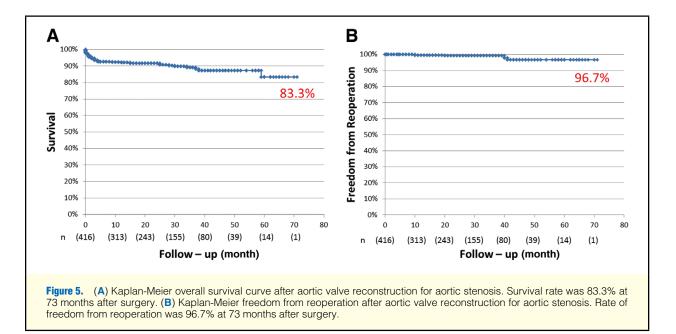




Discussion

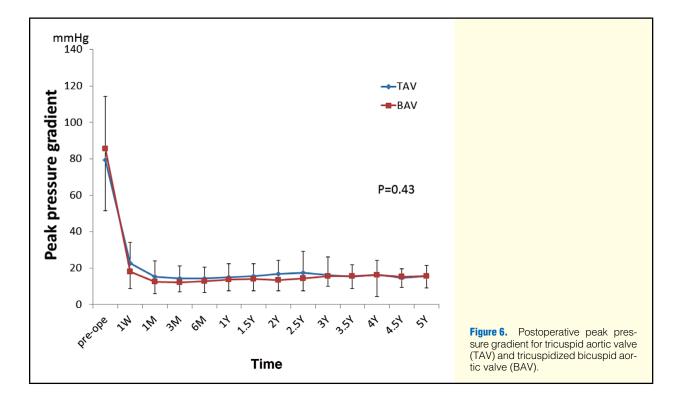
The abnormalities of aortic valve morphology and function represent the most common cardiac valve lesion, particularly in the elderly. The etiology of AS is degenerative calcification in the majority of patients.²¹ The prevalence is increasing with the aging population in developed countries. Approximately 2% of people over the age of 65, 3% of people over age 75,²²

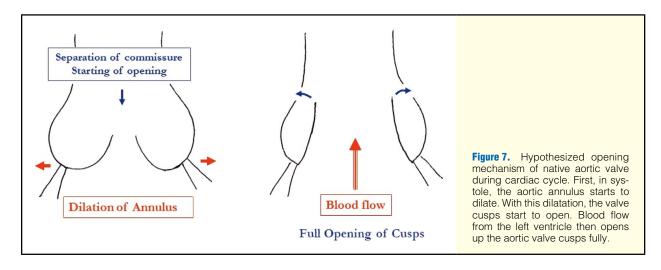




and 4% of people over age 85 have aortic valve stenosis.²³

For aortic valve disease, AVR is still the gold standard of surgical treatment. There is an apparent limitation of durability with bio-prostheses and an apparent disadvantage of anticoagulation with mechanical prostheses. In spite of the recent trend to use more bio-prostheses instead of mechanical prostheses, bio-prostheses cannot create good hemodynamics compared with native aortic valve.²⁴ Calcification can always be a significant issue. With AVRec, however, calcification has never been detected on echocardiography, even in hemodialysis patients after up to 6 years of follow-up. Another issue with prosthetic valve replacement in the aortic position is patientprosthesis mismatch. In this study, 75.7% of patients had small aortic annulus. This group of patients with small aortic annulus had significantly higher postoperative peak pressure gradient shortly after operation compared with those who did not have small aortic annulus. But, interestingly, this significant difference was totally resolved after a few years of follow-up without any intervention (**Figure 4**). This kind of remarkable improvement of hemodynamics is one of the distinctive features of AVRec, in contrast to conventional AVR. This might be due to remodeling of autologous pericardial cusps over time: a more natural motion of pericardial cusps has been observed on echocardiography over time. And, even in patients on dialysis, the pericardial cusp motion was natural without calcification during this study period. Furthermore, this operation was





able to be completed within the same range of CPB time or ACC time for both the small aortic annulus group and the normal aortic annulus group.

Many reports of aortic valve repair are limited to the treatment for AR.^{25,26} Aortic valve repair to treat AR became feasible with low mortality. It has better results in terms of freedom from valve-related complications compared with conventional AVR.²⁷ The origin of aortic valve repair can be traced back to the early era of cardiac surgery.²⁸ Aortic valve repair has been performed using native valve cusps with various techniques that include commissurotomy,²⁹ annuloplasty, free edge unrolling, cusp resuspension, supra-aortic crest enhancement, free edge reinforcement, wedge resection, and so on.³⁰ This type of conservative repair is not always possible, especially for calcified AS in elderly patients. Simple decalcification or slicing of cusps has not shown good results.

With our technique of total resection of all 3 diseased cusps, AVRec can be applied to any type of aortic valve disease. Patients with both AS and AR, even with bicuspid, unicuspid,¹⁸ and quadricuspid valves,³¹ can undergo the procedure, basically in the same fashion. This wide applicability can be attributed also to the independent reconstruction of 3 cusps. The current aortic valve repair for bicuspid aortic valve is mostly bicuspidization. In contrast, we believe that tricuspidization is the ideal reconstructive technique rather than bicuspidization. Tricuspidization can provide larger effective orifice area with longer total length of free margin of aortic valve cusps than bicuspidization. AVRec could make tricuspidization easier than other repair techniques. In a situation with an intact aortic annulus, this new reconstruction technique can be applied to all kinds of aortic valve diseases. And there was no significant difference in postoperative peak pressure gradient between the tricuspid aortic valve group and the bicuspid valve group who underwent tricuspidization in the current study (Figure 6).

The use of TAVR in AS treatment, especially for elderly patients, has become a recent topic of discussion. In clinical practice, approximately 30% of patients with severe symptomatic AS do not undergo AVR owing to advanced age, left ventricular dysfunction, or the presence of multiple coexisting conditions.^{11,32,33} As a less invasive treatment for the patients in this category, balloon aortic valvuloplasty (BAV) and TAVR have been proposed. In previous reports on BAV, hospital mortality ranged from 3% to 10%, and 1-year survival was 55–75%.³⁴ In recent reports on TAVR, the rate of death from any cause at 30 days was 3.4%,³⁵ and the rate of death from any cause at 1 year was approximately 25%.

In the current study, among 416 patients, in-hospital mortality was 1.9%, and overall survival at approximately 6 years was 83.3%. These data were acceptable compared with those for BAV or TAVR. Additionally, TAVR had a higher rate of stroke.³⁶ In the current study, no thrombo-embolic events occurred after AVRec.

Furthermore, TAVR currently has a limitation for small aortic annulus. In the current series, mean preoperative surgical annular diameter was 20.1±2.8 mm, and 309 patients (75.7%) were defined as having small aortic annulus. Our original AVRec could be used for patients with small aortic annulus. The smallest annular diameter recorded in this series was 14 mm.

We believe that the advantage of AVRec for small aortic annulus is due not only to its technical nature but also to the hypothesized opening and closing mechanism of a native aortic valve. We hypothesize that first in the systole, native aortic annulus dilates, then valve cusps are fully opened by blood flow (**Figure 7**). These deformation dynamics and mechanical properties of the aortic annulus have been previously reported.^{37,38} The dilatation of aortic annulus at the beginning of systole increases the effective orifice area, and decreases the stress to the valve cusps. We believe that AVRec could effectively preserve this mechanism of the native aortic valve. This operative method could also preserve the coordination of left ventricle, aortic annulus, sinus of Valsalva, and aorta. As a result, the postoperative hemodynamics are excellent.

The cost-effectiveness of TAVR or conventional surgical AVR is often argued.³⁹ In contrast, AVRec is, so far, the most cost-effective procedure, given that it does not require any prosthesis.

Conclusions

Medium-term results for our original AVRec for AS were excellent. This operation was feasible for patients with AS. The lack of long-term data will be addressed and resolved in the future.

Disclosures

Conflict of Interest: None declared.

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